



Grace Giving
ENSW Food Pantry

Abbreviated Supply List

Dry Goods: 2.5kg or less:

- Flour
- Sugar
- Maize Meal
- Beans/Lentils
- Pasta/Rice/Samp
- Porridge (variety - 2kg bags)
- Cup of Soup Mixes (for the parcels for the elderly)
- Oatso Easy (for the parcels for the elderly)
- 2 Min. Noodles (for the parcels for the elderly)
- Imana Soya (boxes)

Canned or Carton Goods:

- Vegetables
- Pilchard
- Baked Beans
- Bull's Beef
- Cooking Oil (750 ml)
- Long Life Milk

Additional Items:

- Feminine Sanitary Products
- Toothpaste/toothbrushes
- Sunlight All-Purpose Soap (250/500g bars)
- Dettol Bar Soap

For more information, drop-off details, or for the full supply listing,
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